### Life In The Spirit: Session 4

## **Encountering God in Praise and Worship**

Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name. For the LORD is good; his mercy is everlasting; and his truth endureth to all generations. (Psalm 100:4-5)

The humblest person who know how to enter into worship brings pleasure to God and encounters God in a way that those who merely study about God can never do. So tonight we want to ask:

- 1. What is worship?
- 2. Why should I worship?
- 3. How should I worship?
- 4. What happens when I worship?

# 1. What is worship?

- A. Acts which proclaim the greatness of God.
- B. Acts which acknowledge the unique right and power of God.
- C. Acts which demonstrate our allegiance and obedience to God.
- D. Acts in which we offer ourselves to God for His purposes.

# 2. Why should I worship?

A. We worship in response to His gracious invitation.

- B. We worship because He deserves it.
- C. We worship because of His work in our lives.
- D. We worship because the Holy Spirit leads us to worship!

#### 3. How should we worship?

- A. Let your goal be to pursue a lifestyle of worship.
- B. Approach the Lord in worship in the pattern of His Temple
- C. Utilize as God leads all the Scriptural expressions of worship.
  - 1. Thanksgiving and praise are is vocal.
  - 2. Postures of worship are important
  - 3. Expressions of worship: lifting up of hands, etc.
  - 4. Music and singing three forms, found in Ephesians 5:19

#### D. Become a deliberate worshipper.

- 1. Begin and end your day with worship.
- 2. Get apart with God for "praise breaks" during the day.
- 3. Learn to worship God spontaneously out of the flow of your heart.
- 4. Choose to worship God in the language of the Spirit.
- 5. Learn to "praise without ceasing."
- 6. Study praise and worship in the Bible: yadah, towdah, halal,

shabach, barak, zamar, tehillah.

### 4. What will happen when I worship?

Worship is one of the keys that the Holy Spirit uses to unlock us to go to new levels in the Lord; He uses worship to bring us into abundant life and the freedom of Jesus Christ. He does this in three ways:

- 1. Worship breaks the power of self-consciousness.
- 2. Worship lets God transform our character.
- 3. Worship propels us to fresh strength and vision.